

Active time.

in the mountains



Our Spring moments

29.03. - 05.04.2025

With our weekly program we want to show you our beautiful region and make your holiday even more adventurous and active!

On the back side we have some up-to-date event tips for you.

Weather: We look forward to going hiking with you in all weathers. Should it rain on the day of the hike, we will provide an alternative, so that you can experience a nice and varied time.

Please put on sturdy shoes and do not forget to bring a drink and warm clothes and a rain cover.

Registration: Please register in the lobby next to the elevator in the registration list. Please note that only one person per line can be registered. Registration is possible until 8:00 a.m. on the day.

We look forward to your participation and are happy to answer any questions!

Saturday, 29.03.

Sunny side tour



Hike

Explore the marvellous alpine landscape at the foot of the Dachstein with impressive views. Liberating and creates space for new thoughts.

Time: 10:00 - 14:00 o'clock

Hiking time: 3 h

Level: medium, 200 alt.

Please take a drink with you.

Sunday, 30.03.

Gnadenalm



Cross-country skiing

We go cross-country skiing in Obertauern, enjoy the snow and the marvellous landscape.

Time: 10:00 - 14:00 o'clock

Level: easy, (no lessons)

Equipment: approx. 18 €

Please take a drink with you.

Monday, 31.03.

Birnberg



E-bike tour

With guide Hans along the Enns, over the Birnberg into the Ramsau. Biking on the high plateau with fantastic views.

Time: 10:00 - 14:00 o'clock

Biking time: 2 h

Level: medium, 1000 alt, approx. 50 km

Please take a drink with you.

Monday, 31.03.

Cheese dairy Hüttstädterhof



Excursion

The Pötsch family from the Hüttstädterhof farm in Aigen im Ennstal have been supplying us with their cheese for some time now. We learn how the unique flavour of their cheese creations is created using herb-rich fodder. There is also the opportunity to taste the different types of cheese. The cheese dairy offers a wide selection, from creamy soft cheeses to aromatic semi-hard cheeses and flavour-some hard cheeses.

Time: 10:00 - approx. 14:00 o'clock

Tuesday, 01.04.

Morning impulse



A warm invitation to a morning retreat.

Treat yourself to 20 minutes of peace and quiet in our house chapel. With Christian impulses and a time of silence, we create space for reflection and inner contemplation.

contemplation. Our Renate will accompany you through this time.

When: 08:00-08:20 o'clock

Where: House chapel

Just drop by - a short time-out to pause and blossom.

Tuesday, 01.04.

Untertal



Hike

We hike through spring-like landscapes through the romantic "Tettermoor" into the expansive Untertal valley

Time: 10:00-14:00 o'clock

Hiking time: 3 h

Level: easy, 100 hm, approx. 8 km

Stop: Sendlalm

Wednesday, 02.04.

Spring bike tour



E-bike tour

Spring Tour - are you in?

Swinging on the bike, enjoying nature, magnificent views and Fun guaranteed.

Time: 10:00 - 14:00 o'clock

Biking time: 2 h

Level: easy, 40km

Please take a drink with you.

Thursday, 03.04.

Lettmayer turnery



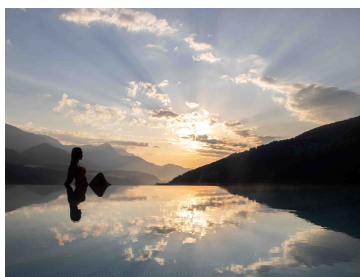
Excursion

Lukas Lettmayer's motto is "Ois wird rund". We visit his woodturning and wood art workshop, where he makes bowls from fruit wood and lunch boxes from Swiss stone pine. Some of his works are also available in our hotel shop. Lukas Lettmayer is one of the few master wood turners in Styria.

Time: 10:00 - approx. 14:00 o'clock

Thursday, 03.04.

Aqua gymnastics



Start the day
full of energy!

Time: 07:30 - 8:00 o'clock
infinity pool

Friday, 04.04.

Sattelberg



Hike

One of the best "nature trails" in Austria with forest and meadow passages to familiarise yourself with and have fun.

Time: 10:00 - 14:00 o'clock

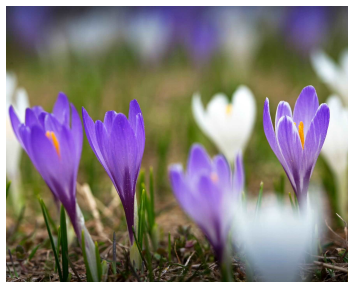
Hiking time: 3 h

Level: easy, 120 alt.

Please take a drink with you.

Saturday, 05.04.

Sunny side tour



Hike

Hike along hiking trails, enjoy stunning views of our ski mountains and breathe fresh air to inspire new thoughts.

Time: 10:00 - 14:00 o'clock

Walking time: 3 h

Level: easy, 200 alt.

Please take a drink with you.

Spring infusions in the spa

Monday

15:15 Exfoliation with salt & honey

16:00 Hot orange blossom - short and crisp

17:00 Wellness infusion orange, eucalyptus & star anise

18:00 Hot orange blossom - short and crisp

Tuesday:

15:15 Exfoliation with salt & honey

16:00 Spring blossom magic

17:00 Wellness infusion - sensual
sensual fragrance experience

18:00 Spring floral magic

Wednesday:

15:15 Exfoliation with salt & honey

16:00 Fire & Ice

17:00 Wellness infusion - orange & pepper-
mint

peppermint

18:00 Fire & Ice

Thursday:

15:15 Peeling with salt & honey

16:00 Styrian dream

17:00 Wellness infusion - fragrant lavender oil

18:00 Styrian dream

Friday:

15:15 Exfoliation with salt & honey

16:00 Mint meets water

17:00 Wellness infusion - enjoyment time

18:00 Mint meets water

Saturday:

15:15 Exfoliation with salt & honey

16:00 From water to beer

17:00 Wellness infusion - all Swiss stone pine

18:00 From water to beer

Sunday:

15:15 Exfoliation with salt & honey

16:00 Hot fruit

17:00 Wellness infusion - sweet, tart & woody

18:00 Hot fruit

Where : UG 2

15:15 Exfoliating steam bath

16:00 Finnish parlour

17:00 Dachstein sauna

18:00 Finnish parlour