

Active time.

in the mountains



Our spring moments

12.04. - 19.04.2025

With our weekly program we want to show you our beautiful region and make your holiday even more adventurous and active!

On the back side we have some up-to-date event tips for you.

Weather: We look forward to going hiking with you in all weathers. Should it rain on the day of the hike, we will provide an alternative, so that you can experience a nice and varied time.

Please put on sturdy shoes and do not forget to bring a drink and warm clothes and a rain cover.

Registration: Please register in the lobby next to the elevator in the registration list. Please note that only one person per line can be registered. Registration is possible until 8:00 a.m. on the day.

We look forward to your participation and are happy to answer any questions!

Saturday, 12.04.

Sunny side tour



Hike

Explore the marvellous alpine landscape at the foot of the Dachstein with impressive views. Liberating and creates space for new thoughts.

Time: 10:00 - 14:00 o'clock

Hiking time: 3 h

Level: medium, 200 alt.

Please take a drink with you.

Sunday 13.04.

Birnberg



E-bike tour

With guide Hans along the Enns, over the Birnberg into the Ramsau. Biking on the high plateau with fantastic views.

Time: 10:00 - 14:00 o'clock

Biking time: 2 h

Level: medium, 1000 alt, approx. 50 km

Please take a drink with you.

Monday, 14.04.

Lettmayer turnery



Excursion

Lukas Lettmayer's motto is "Ois wird rund". We visit his woodturning and wood art workshop, where he makes bowls from fruit wood and lunch boxes from Swiss stone pine. Some of his works are also available in our hotel shop. Lukas Lettmayer is one of the few master wood turners in Styria.

Time: 10:00 - approx. 14:00 o'clock

Tuesday, 15.04.

Sattelberg



Hike

One of the best "nature trails" in Austria with forest and meadow passages to familiarise yourself with and have fun.

Time: 10:00 - 14:00 o'clock

Hiking time: 3 h

Level: easy, 120 alt.

Stop: Sattelberghut

Please take a drink with you.

Tuesday, 15.04.

Morning impulse



A warm invitation to a morning retreat.

Treat yourself to 20 minutes of peace and quiet in our house chapel. With Christian impulses and a time of silence, we create space for reflection and inner contemplation.

contemplation. Our Renate will accompany you through this time.

When: 08:00-08:20 o'clock

Where: House chapel

Just drop by - a short time-out to pause and blossom.

Wednesday, 16.04.

Spring bike tour



E-bike tour

Spring Tour - are you in?
Swinging on the bike, enjoying nature, magnificent views and Fun guaranteed.

Time: 10:00 - 14:00 o'clock

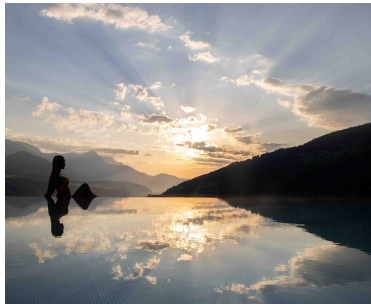
Biking time: 2 h

Level: easy, 40km

Stop: Ederstube

Thursday, 17.04.

Aqua gymnastics



Start the day
full of energy!

Time: 07:30 - 8:00 o'clock
infinity pool

Thursday, 17.04.

Moser cheese dairy



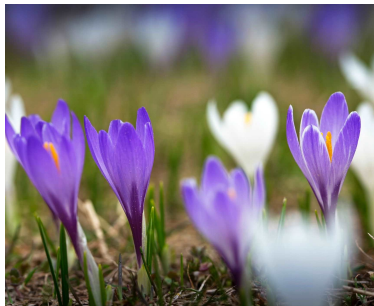
Excursion

The Moserhof artisan cheese dairy in Haus im Ennstal was founded in 2017 and produces high-quality products from fresh raw milk. All cheeses are made with great care in the farm's own cheese dairy using traditional methods. The Moserhof has been supplying us with its products for years.

Time: 10:00 - 14:00 o'clock

Friday, 18.04.

Almenrunde



Hike

Explore the magnificent alpine landscape at the foot of the Dachstein with impressive views. Liberating and creates space for new thoughts.

Time: 10:00 - 14:00 o'clock

Walking time: 3,5 h

Level: medium, 350 alt.

Please take a drink with you.

Spring infusions in the spa

Monday

15:15 Exfoliation with salt & honey
16:00 Hot orange blossom - short and crisp
17:00 Wellness infusion orange, eucalyptus & star anise
18:00 Hot orange blossom - short and crisp

Tuesday:

15:15 Exfoliation with salt & honey
16:00 Spring blossom magic
17:00 Wellness infusion - sensual
sensual fragrance experience
18:00 Spring floral magic

Wednesday:

15:15 Exfoliation with salt & honey
16:00 Fire & Ice
17:00 Wellness infusion - orange & pepper-
mint
peppermint
18:00 Fire & Ice

Thursday:

15:15 Peeling with salt & honey
16:00 Styrian dream
17:00 Wellness infusion - fragrant lavender oil
18:00 Styrian dream

Friday:

15:15 Exfoliation with salt & honey
16:00 Mint meets water
17:00 Wellness infusion - enjoyment time
18:00 Mint meets water

Saturday:

15:15 Exfoliation with salt & honey
16:00 From water to beer
17:00 Wellness infusion - all Swiss stone pine
18:00 From water to beer

Sunday:

15:15 Exfoliation with salt & honey
16:00 Hot fruit
17:00 Wellness infusion - sweet, tart & woody
18:00 Hot fruit

Where : UG 2

15:15 Exfoliating steam bath

16:00 Finnish parlour

17:00 Dachstein sauna

18:00 Finnish parlour

